

Breslov Research Institute
8 Avinadav Street, POB 5370
Jerusalem, Israel 91053
Tel: 02-582-4641; Fax: 02-582-5542
www.breslov.org

December 30, 2015

To whom it may concern

Mrs. Chaya Rivka Zwolinski has been contributing to Breslov Research Institute since 2011 in a variety of capacities and has worked on many projects. As a Breslov writer, teacher, and speaker, she's inspired and helped women find joy in their everyday lives.

Her new workshops for *baalos teshuvah* and others have been created for women who feel that memories, guilt, and shame from past experiences and behaviors are diminishing the joy and connection that they want to feel in their married life today. The coursework is based on Breslov sources and deals with the *psycho-spiritual and emotional aspects of teshuvah* as well as offers practical tools participants will use to make real changes in their lives.

I highly recommend Mrs. Zwolinski as a very qualified communicator and suggest that by partaking in her workshops one will find the satisfaction and experience an improvement in one's daily life.



Chaim Kramer
Executive Director