

Letter from Rabbi Nasan Maimon, [BreslovTorah.com](http://BreslovTorah.com)

Mrs. Chaya Rivka Zwolinski shows women how to access and apply Breslov teachings to their lives. She is now offering Breslov workshops designed to help women find peace of mind and spiritual healing. The information in this program will help those struggling with guilt, shame, low self-esteem, anger, and more, particularly as they impact the marriage relationship.

I recommend Mrs. Zwolinski's classes for women who are dealing with these issues.

I pray for the success of this program which is based on the teachings of the Tzaddik, Rebbe Nachman of Breslov. May it help women find peace and joy in their marriages, their lives, and ultimately, in their relationship with Hashem.

**Rabbi Nasan Maimon**